

next step
disability services

Servicing Ballarat and regional Victoria

1300 94 6737

53 316 634



Personalised support so you can live the way you want

ABOUT US

Next Step Disabilities Service is a registered NDIS provider of adult disability services that aims to deliver individualized and innovative services and supports to enhance the lives of people with disabilities.

We are committed to providing person centred and professional services that are responsive to the individual needs of our participants.

Our core belief is to promote an inclusive world in which all members of society are valued and respected. We are driven to empower people living with a disability by creating supports and services that promote independence and a sense of acceptance and belonging in the community. Our vision is to create a world in which everyone has an equal place.

Next Step offers minimum two hour sessions to provide participants with the flexibility to engage in shorter support times where needed.

SUPPORTED INDEPENDENT LIVING

At Next Step, our highly trained staff will provide you with the care and support to allow you to live the way you want from the comfort of your own home.

You can make new friendships whilst living with other people and receive support through all areas of life including: daily living skills, self care, home and financial management, as well as social activities. Whether you need 24/7 support, or just for a few hours a day, we can provide individualized support to suit your needs.



Our supported accommodations not only provide you with a secure and comfortable home, we also help you with:

Finding the right people for you to live with ensuring a good match

Locating a property that meets your individual needs

Supporting you with your transition to independent living.

Navigating the application process for SIL funding.

COMMUNITY HUB

9AM - 3PM: TUESDAY, WEDNESDAY, THURSDAY EACH WEEK

Fully Catered



The hub provides morning tea, lunch and afternoon tea each day, as well as tea and coffee. Come along and enjoy some food in a social and warm environment.

Outdoor Activities



Enjoy a game of lawn bowls, football, cricket, kite flying, pool/snooker competition, table tennis, a local walking group, gardening and other seasonal activities.

Indoor Activities



Enjoy a range of indoor activities such as painting, craft, board games, trivia, karaoke, dancing, baking, puzzles, movies, mindful coloring plus much more.

Alfredton Sports & Community Club - 89A Cuthberts Rd, Alfredton

SKILL DEVELOPMENT PROGRAMS

Transport and Travel



Learn MYKI systems on buses and trains and organize taxi's. Our qualified staff can also help you obtain your learner permit.

1.5hr - 10 week course

Cook & Eat



Follow recipes and create meals to eat together. At the end of this Program you will also have a cookbook to take home.

2hr - 10 week course

Life Skills



Talk in a safe environment about Social skills, regulation of emotions, sexuality, interpersonal relationships and personal safety.

1.5hr - 10 week course

Digital Technology



Learn to use software and apps on computers, phones and tablets for everyday tasks.

1.5hr - 10 week course

Shop & Create



From start to finish participants will create a shopping list, shop for ingredients and prepare the meal.

4hr - 10 week course

Numeracy & Literacy



Improve your numeracy and literacy. Support plans are tailored specifically to your needs.

1.5hr - 10 week course

Get Active



For all ages, abilities, and fitness levels. Learn new skills or add to existing skills through our fun sports activities.

1.5hr - 10 week course

Art Classes



Learn drawing and painting techniques in this fun and creative course.

1.5hr - 10 week course

Music Classes



Learn a musical instrument at your own pace with the support of our specialist music instructors.

1.5hr - 10 week course

GROUP RECREATIONAL ACTIVITIES

Dancing



Show off your current dance moves or learn some new ones with our dance class taught by a qualified dance teacher.

Fishing Frenzy



Experience fishing both from the shoreline and on a boat around the many lakes in our area.

Evening Outings



Enjoy evening activities such as dining out, a monthly night at the movies, festivals and more.

Community Outings



Enjoy weekly excursions in Ballarat and surrounding areas, enjoying activities such as berry picking, art galleries, beach trips and more.

Sports



Next Step offers a Social Group suitable for players of all levels new to sport. We offer lawn bowls, social tennis, basketball and other seasonal sports.

Ladies Day Out



Enjoy pamper sessions, coffee and lunch with friends and be pampered as every lady should be. Outings run weekly on a Friday.

Lego Group



Join our weekly lego creation session each Friday. Have fun and make new friends in the process.

Movie Night



Next Step offers a fortnightly movie and games night. Come and share the laughs, fun and friendship.

Blokes Day Out



Enjoy a day out filled with action packed adventure for the blokes.

PERSONALISED CARE

Domestic Help



Cleaning, meal preparation, laundry, lawn mowing, gardening, home set up and repair. We provide guidance and assistance to help you live independently.

Individual Support



Socialise further with your local community. We will provide support for all your needs, shopping, outings as well as providing assistance to attend appointments such as doctors.

Personal Care



Support with personal hygiene needs such as - bathing, dressing and personal care when needed within the comfort of your own home.

Enquiries

If you would like to know more about the services that Next Step provides or need assistance with understanding your NDIS plan and the supports you can access, please contact us today.

At Next Step we are here to help you navigate the NDIS and provide you with assistance to achieve the best supports for your individual needs.

Understanding your plan

Customising solutions for your needs

Eligible supports

Referral process



Personalised support so you can live the way you want. Take the next step and call us today...