Study Bachelor of Human Services (Counselling Major) (2017)

Diploma of Youth Work (2008)

Achievements Golden Key International Honour Society Member

Training Safe and Together (2019)

Circle of Security Parenting Program (2018) Therapeutic Crisis Intervention (2018) Engaging Fathers in Parenting (2017)

Therapy Skills in Working with Trauma and Abuse (2017) Managing the Bull (anti-bullying program), February 2017

RAGE Facilitator Training (anger management program), April, 2012

Transforming Care (trauma aware training), 2012

Cognitive Behaviour Training, 2011

Skills Case management

Solution-focused counselling Motivational interviewing

Group work facilitator / program writer

Intake and assessment Strengths-based report writing

Employment History

May 2018 - Current, St Vincent de Paul Society

Family Intervention Practitioner

- Provided intensive in-home support services through needs assessment. This
 included delivering programs on issues such as parenting, anger management,
 home hygiene, budgeting, smart shopping.
- Interpersonal and counselling skills are required to build relationships with clients in order to earn their trust so that I can provide the best and most appropriate support possible.
- Provide education/training and therapeutic interventions to parents/carers, children and young people in need.
- Develop and facilitate group work programs and workshops.
- Develop and nurture collaborative partnerships and linkages aimed at improving client outcomes.
- Liaising with the Department of Communities Child Safety and Disability Services to provide informed advice and valued services to clients and their families.
- Advocate on behalf of clients with the Department of Communities Child Safety and Disability as well as other stakeholders.
- Support and advocate for clients in meetings such as Family Group Meetings, Care Team Meetings, and Contact Review Meetings.

March 2017 – December 2017 (contract), Churches of Christ Care, CYCLE Program **Youth Worker**

- Support young people with challenging and/or complex behaviours to achieve agreed educational goals.
- Develop and deliver workshops and group work activities.
- Develop and maintain client records, data and other relevant documentation including service evaluation material.
- Develop and nurture collaborative partnerships and linkages aimed at improving client outcomes.
- Initiated novel achievement recognition system.

Employment History

June – December 2018, Churches of Christ Care, Intensive Family Support Service **University Student Placement**

- Provision of in-home interventions.
- Referral and matching process.
- Involvement in case plan construction.
- Developed and delivered group work programs.
- Client transport.

November 2012 - March 2017, Integrated Family & Youth Services (IFYS)

Residential Youth Worker

- Supervise and support four young people to assist with community engagement.
- Use of behaviour support techniques to support young people with challenging and/or complex behaviours.
- Developed collaborative relationships with stakeholders.
- Provide residential and life skills support for young people.
- Maintain accurate client records and documentation.
- Initiated and implemented innovative life enhancement activities.

June 2011 - January 2016, The Outlook, Boonah

Adventure Based Learning Activity Instructor (casual)

Facilitated groups in adventure-based learning activities such as on-the-ground problem solvers, arts programs, ropes courses and canoeing, focusing on skills such as teamwork, communication, trust, respect, self-awareness

January 2009 – 13/09/2012, Ipswich Community Youth Service (ICYS)

Youth Support Coordinator

- Case management, intake assessment and case planning.
- Developed and delivered workshops and group work activities.
- Advocated for clients within the school and with community and/or government agencies and services.
- Made referrals to obtain specialist assistance.
- Sourced mainstream education alternatives.
- Supported independent students: accommodation, Centrelink, Medicare, budgeting.
- Provided avenues for students to improve literacy levels.
- Secured apprenticeships and school-based traineeships.
- Developed and maintained client records, data and other relevant documentation including service evaluation material.

Referees - Line Managers:

Nikkilyn Owen
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Family Intervention Service
St Vincent de Paul Society

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Loretta Bennett

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Kirsty Lenaghan Team Leader

Churches of Christ Care

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(Kirsty was my immediate line manager at IFYS)