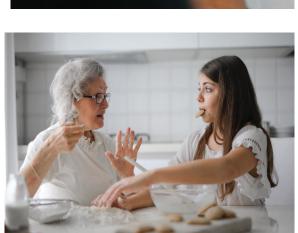


Empowering you to live your best life











Why us?

We are focused on providing personalised disability support services. Our approach is to understand your personal circumstances and develop a tailored care plan. We provide regular follow ups and timely reponse to queries to ensure your are satisfied with our services.



Our Mission

To empower our clients to live their best lives

Our Vision

To become a leader in disability support services in Australia and help participants live independent, enriched and happy lives.

Our Promise

To provide exceptional personal support to our clients

To act with respect, integrity and provide genuine care at all times

Tailored Individual Support

Staying Active

Moving around your house Exercise routines Safe use of mobility aids Hoist transfers



Food & medication

Medication reminders Helping prepare a meal Support with eating & drinking





Personal Hygiene

Washing and dressing Support with oral care Helping with grooming Toileting



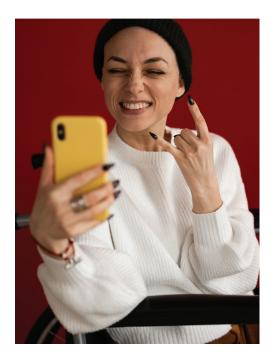
Social support

Grocery shopping Attending medical appointments education (TAFE/UNI) employment Exercise activities Fun social events

Complex care

24/ 7 Supports High needs supports Manual Handling Medication





Mental Health supports

Social access Attending appointments Social support Encouragement Coaching

Areas we Service Melbourne Sydney Brisbane Perth



FAQ

Q: Do you have capacity?

A: Generally we do have capacity, we always need to check availability including hours and times. If we dont have the staff we are happy to recruit the right support staff for you.

Q: What are your fees? A: Our fees are guided by the NDIS Pricing Guide & we charge travel.

Q: How do I know if i am Eligible for NDIS support? A: You can speak with us and we can put you in touch with our referral partners who can assist you .You can also contact NDIS.

Q: Are you Australian owned? A: Yes we are and our head office is in Melbourne.

Q: Do you have a no lift policy?A: Yes, our staff are not allowed to lift participants without proper equipment and necessary training for the equipment.

Contact us

Contact us for more information or to book a care consult with one of our friendly team members

admin@helpathandsupport.com.au National: 1300 822 190

www.helpathandsupport.com.au