

Plan Wise Living was created by parents of a young adult with complex disabilities to provide participants with an honest, supportive and accessible service. We are hands on, compassionate and take the time to personally meet with participants and their family. We pride ourselves on the ability to listen to our participants and have a clear understanding of the challenges they face every day. Our carers have lived and/or educational experience with disabilities and are committed to working with you to achieve the most from your NDIS Support Plan, and the services you choose.

#### WHAT MAKES US UNIQUE:

- We listen, We Care, We Advocate
- We have personal experience living with disability, understanding the challenges and how to overcome them.
- We travel your Journey WITH you
- We value and liaise with all members of a participants life - family, friends, pets, allied and medical health
- We are NDIS Registered
- All members of the PWL team are professional, experienced and well supported to keep up to date with industry standards and guidelines
- We deliver services with integrity, compassion and understanding

## Contact Information

02 4648 3013 / 0417 588 098

[www.planwiseliving.com.au](http://www.planwiseliving.com.au)

E: [info@planwiseliving.com.au](mailto:info@planwiseliving.com.au)

For assistance with interpreting and translation, please contact Translating and Interpreting Service on  
131 450

Then ask for Plan Wise Living  
Ph: 0417 588 098

For Hearing Impaired or Deaf assistance please use TTY. Call 1800 555 677  
Then ask for Plan Wise Living  
Ph: 0417 588 098

Head Office: Level 1, Suite 1101  
31 Lasso Road  
The Hub  
Gregory Hills NSW 2557



Understanding disAbility  
Realising Ability



## Services We Provide:

- Complex and Specialist Care
- Young Adult Enrichment Program (*post school option*)
- Adult Program (*post Enrichment Program*)
- Assist with developing personal life skills
- Community engagement and participation
- Domestic Assistance
- Meal preparation
- Personal Care
- Support Coordination
- Lifestyle Coordination
- Transport
- Participant Governance Committee
- Understanding all things NDIS



As part of our in home caring supports, we specialise in high complex care needs. Our carers are provided high level training and support to ensure understanding and awareness of high complex needs.

As well as individual in home caring, Plan Wise Living provides group community participation.

We work with local businesses and strongly advocate for an inclusive society for everyone.

We provide an adult program that incorporates from 35years of age, all abilities to engage in meaningful social interactions and activities. We involve our participants to help plan our days exploring Sydney and surrounding areas using our wheelchair accessible vehicles as needed.

We are proud to include as part of our community outings, a direct pick up and drop off service to home or a convenient place for the participant and their family.

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For further information, visit our website and follow our social media located on our social pages

<https://www.planwiseliving.com.au/social/>

## Enrichment Program

*Empowering Individuals - Supporting Families  
- Enriching Communities*

The Plan Wise Living - Enrichment Program is a new bespoke program for 17-35 year old participants diagnosed with a genetic disorder and or high complex needs, without the provision of complex behaviour management.

Our key learning areas are directly related to our participants goals and interests, and are designed to support their independence as they enter a new chapter of their life as a young adult.

Our learning programs are structured to improve real world/life experiences. Lifelong Learning, Exploring and Expanding Horizons is a cornerstone of our program. Our program is applied in real life settings providing our participants opportunities to visit new and exciting places, try new activities, and even partaking in familiar activities with a renewed perspective or skillset to practice.

Supporting our young adults to express themselves and understand their holistic value in our community is something we take great pride in at Plan Wise Living.

We encourage community collaborations and partnerships into our program.

*Contact us to get your business involved.*

