

My name is Tarnim, I am a registered psychologist and I am passionate about supporting people to gradually progress towards health in various aspects of their lives. My NDIS registration number is 4050021844. I can conduct sessions in Arabic and English.

I practice at the following locations:

- O'Halloran Medical Centre (107A Main South Road, O'halloran Hill)
- The Southern Specialist Centre (233 Main South Road, Morphett Vale)
- Reynella Medical Centre (44 Hillier Road, Morphett Vale)
- Pasadena Medical Centre (16-30 Fiveash drive, Pasadena)

I am confident I can support NDIS clients using strategies such as:

- Understanding and managing mental health issues
- Coping skills training
- Problem solving skills
- Goal setting skills
- Relationship skills
- Social skills
- Self-esteem boosting strategies
- Assertiveness training
- Improving mood and motivation
- Managing anxiety

Any questions? Please don't hesitate to call, message, or email!

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Kind regards,



Tarnim Sarkes
Registered Psychologist