

Raj Prasad

Personal Details

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Career Objective

To apply my skills and expertise in diagnosing, handling, counselling, and providing support to patients who are going through emotional, intra- and inter-personal, and psychological struggles

My knowledge and skills will help clients and staff in client care, program analysing and program management, staying in close contact with the management to achieve the goals for the clients by implementing programs, providing activities of daily living with desired goals.

Skills & Abilities

Programming and client care skills

- ✓ Expertise in diagnosing, identifying, and treating various psychological conditions
- ✓ Client advocate dedicated to ensuring the success of client's goal and outcomes
- ✓ Expertise in collecting patient information through interviews, observations, tests, surveys and report writing
- ✓ Ability to diagnose any condition in the DSM-IV
- ✓ Ability to detect patterns that enables me to predict and understand behaviour
- ✓ Adeptness in creating and implementing patient treatment plans
- ✓ Proficiency in conducting surveys pertaining to human brain function and behaviour
- ✓ Skill in creating programs that help address psychological issues in campuses and workplaces
- ✓ Updated with the latest innovations in Mental Health, Clinical Psychology and Counselling
- ✓ Great interpersonal skills that allow me to collaborate with physicians and other healthcare workers
- ✓ Dedication for work and passion to succeed
- ✓ Excellent communication skills
- ✓ Knack for helping people especially in dealing with their personal issues
- Possess exceptional research, assessment and agency reporting abilities.
- Maintain excellent case management skills in the areas of review, assessment, and follow up.
- Detail oriented with strong organizational, communication and time management skills.
- Working with stakeholders to design programs for the clients
- Skilled in training client care management, conflict states and client care counselling.
- Adapt at utilising available resources to research ideas including interviews, client care, and program designs.

- Highly developed critical and analytical abilities
- Experience working with clients with various nationalities, religious and cultural background.
- Working with refugees, youths, community living skills team, juvenile justice, dementia patients, elderly patients, nursing home, hospitals; general ward, emergency ward, medical surgical ward, mental health, orthopaedic ward, high dependency ward, intensive care unit, independent living and people with disabilities.

Experience

Psychologist Counsellor, 2017 to present

ClearChoiceCounselling & Coaching

Duties and Responsibilities

- Diagnosed patients with Psychological problems through observation, tests, surveys and interviews
- Treated clients with Psychological disorders
- Attending to patients on an outpatient basis
- Attended to hospital employees in need of Psychological help
- Counselling relatives of patients with emotional problems
- Referred patients to Psychiatrists and other physicians as needed
- Administered mental evaluations and tests to applicants and employees

➤ **Substance Abuse and Behavioural Disorder Psychologist**

Duties and Responsibilities

- Evaluated the patient's physical and medical condition as a result of substance abuse
- Worked with clients to help them identify their root causes of their disorders
- Assisted patients in developing skills in order to prevent relapse after recovery
- Created revitalization plans for patients and assisted them in adhering with the plan objectives
- Worked with the patient's families and relatives to help the client with his recovery
- Referred patients to Psychiatrists and other Physicians as needed

Duties and Responsibilities

- Counselling patients and medical employees who suffer from Psychological conditions
- Educated patients and medical employees regarding the treatment and recovery from their illnesses
- Created treatment and recovery programs for substance abuse patients
- Promoted healthy strategies for immediate recuperation
- Followed up with patients who underwent counselling sessions

Information Technology Skills

Computer skills and proficiency in:

Microsoft Word, Access, PowerPoint, and Excel

Spread sheets, IBM SPSS

Communication and Organisational Skills

- Excellent language skills - written, oral and broadcast
- High-level organisational and time-management skills
- Ability to work unsupervised and be part of a team

Education & Training

Bachelor of Biomedical and Health Science – (2008 - 2010), University of Western Sydney

Majors: Diversional Therapy and Health management

Diversional Therapy Australia-Full member: 01606 – Level 1

Postgraduate, University of New England

Postgraduate Certificate in Mental Health Practice (2017-2018)

Postgraduate, University of New England

Postgraduate Diploma in Psychology, (2017 – 2019)

Postgraduate, University of Technology

Postgraduate Certificate in Diabetes Education and Management (current)

Diploma of Counselling

Australian Institute of Professional Counsellors (2013 to 2015)

Clinical Supervisor (2016)

Australian Counselling Association

Lifeline Australia (2016)

Working with Children Certificate

WWCC No- 0184081E

Tafe

Diploma in Mechanical Engineering

First – Aid Certificate; Apply first aid, Perform CPR, Provide emergency life support

First- Aid Certificate in Mental Health (2012)

Certificate 111 in Aged Care (2006)

Microsoft Office Professional

OH&S

High School Education

New Zealand University Entrance Examination

Education highlights & achievements

In my years of studies, I was the 'dux' student and with my tertiary education, I achieved high distinction, distinction, credit and pass grades.

Affiliations

Australian Psychology Society

Australian Counselling Association

Diversional Therapy Australia

Australian Health Professional Association

Family Drug Support

Graduate Institute of Professional Counsellors

Lifeline Australia

Diversional Therapy Level 1

Employment History

ClearChoiceCounselling & Coaching

Director (sole trader)

ClearChoiceCounselling(Director)

Website: www.clearchoicecounselling.com.au

Email: raj@clearchoicecounselling.com.au

Phone: 0469 303 739

(PGDPYSC, PGMHP, BHSc, APS, Professional Counsellor, Clinical Supervisor, Family Law Counsellor, AOD Counsellor, Alcohol Addiction Counsellor, DTA, ACA, GAIPC, FDS)

Website: www.clearchoicecounselling.com.au

International SOS – International Health and Medical Services

Worked as clinical counsellor at Nauru Island (2017-2019)

Registered NDIS Provider (Provider No. 4050012135)

Ageing Disability and Home Care

- Worked as Team Leader.
- Worked with challenging clients with mental incapacity, cognitive and physical disability
- Assess emotional, social, developmental, educational, vocational, financial, medical, psychiatric and legal needs
- Make recommendation for agency intervention
- Plan and conduct programs at regular basis
- Meet with other health care professional's providers to review the case status
- Co-facilitated various programs for clients, as well as facilitate individual and group therapy sessions within the client environments
- Working closely with network managers for assessment of the clients

Bankstown Hospital (2008-2010)

Worked as AIN in assisting with patients by setting IV, taking BP, Resp, pulse, BSL and reports for the patient care

Balmain Hospital (2009)

Worked as AIN

Professional Placements through University

Auburn hospital

Auburn Community Hospital

Westmead Hospital

Macquarie Hospital

North-West Disability Services

Penrith Hospital (2010)

Anglican Retirement Village

Referees

Manjit Kaur

Service Coordinator (Northcott)

Anand Kumar

Accountant (Principal)