

Our goal is simple

At Hills Nursing, we want our clients to remain at home and keep their independence for as long as possible. Our dedicated and professional staff have been working with clients on this for over 50 years. In fact, that's all we do ... 7 days a week, 52 weeks a year.

All of our staff are qualified and experienced in providing care to the young, the aged and people with a disability.

So if you, or someone you care for, needs assistance at home following an accident, illness, surgical procedure or simply to maintain their independence, please call us and speak to one of our care coordinators. We can help.



We can help.

Hills Nursing Pty Ltd

For any questions or enquiries, please contact us at Hills Nursing - we're only too happy to help.

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phone: 1300 13 13 93
fax: 02 8850 0705

email: enquiries@hillsnursing.com.au

website: hillsnursing.com.au

ACN 002 170 694

We service the following local government areas:

The areas we service are constantly being reviewed so if you're not in one of the council areas below, please call us or fill in the enquiry form on our website to see if we are able to provide service in your area.

Auburn
Bankstown
Blacktown
Blue Mountains
Fairfield
Hawkesbury
Holroyd
Hornsby
Hunters Hill

Ku-ring-gai
Lane Cove
Liverpool
Parramatta
Penrith
Ryde
The Hills
Willoughby

Do you need a little help to stay at home?



“I just want to say a very sincere and heartfelt ‘thank you’ for your expert attention and pleasant personalities. I always look forward to seeing you all.”

Hills Nursing
for all your homecare needs

Hills Nursing - over 50 years of caring.

Originally established as Castle Hill Visiting Nurses in 1955 by Mrs Bea Goulder, our business began in a front room of Bea's home.

Bea was a sole provider for over 20 years. In 1981, the business was incorporated and passed to Bea's daughter, Kate, who continued trading as Hills District Nursing Service. By 2007, our service had expanded considerably and moved to new premises in Castle Hill, where in August 2011, we formally became Hills Nursing Pty Ltd.

We're still family-owned and employ over 100 qualified staff in a mix of full-time, part-time and casual positions.

Our mission is to provide a comprehensive range of holistic, high-quality nursing and support services to people in the community to assist them to live independently.

Accessing our services

Hills Nursing provides services to a wide range of clients in the community and referrals are accepted from a number of different sources, including:

- Clients or their families
- General practitioners and specialists
- Hospitals & Aged Care Assessment Teams
- Physiotherapists and allied health providers
- DVA for Community Nursing & Veteran's Home Care
- Community organisations
- Carer Respite Centres

Please call us and speak to one of our care coordinators-we can help. Alternatively, please complete the enquiry form on our website and one of our care coordinators will return your call the next business day.

We can help you stay in your own home whether you require specialist nursing care or just a little bit of help with everyday things.

Below is a list of our services:

nursing care

Hills Nursing's team of registered, enrolled and endorsed enrolled nurses provides a wide range of professional services to our clients.

These services include:

- general nursing
- wound care and post-acute care
- palliative care

personal care

Personal care, from passive monitoring to active assistance, can be provided by our staff for all daily living activities, including:

- assistance to or from bed
- undressing, showering, dressing, toileting
- personal hygiene and grooming
- mobility
- assistance with eating

assistance around the home

Hills Nursing can provide domestic assistance to help with tasks that you are unable to attend to yourself, including:

- cleaning
- meal preparation
- washing
- ironing



aged care

We understand that growing older presents all of us with a number of choices. Where we live and how we live are two of the main questions that we ask ourselves. Many factors contribute to the decisions that we make and our health plays a major part. For many, staying at home is most important. We can help. Our Registered Nurses will visit to assess any requirements that may make your everyday tasks easier at home, maintain your independence and support your ability to continue with your lifestyle choices.

care for people with a disability

Support and assistance for most people with a disability comes mainly from family and friends. We recognise that circumstances can change and additional assistance may be required. Hills Nursing provides strong, supportive care and assistance to those who need extra help to complete their day-to-day tasks.

other services we provide include:

- Respite care
- Shopping
- Overnight stays
- Lawn & garden maintenance

Call us on 1300 13 13 93 to talk, or visit our website at www.hillsnursing.com.au