



MYASSISTA



in home care

www.myassista.com.au

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I started Myassista at a time when I was lucky enough to have great family support. Not everyone has this support.

I started thinking about how I could help others who needed support too. Myassista was born!

Our difference is we like to help others, and gain great satisfaction from it - a feel good feeling that helps me understand that this is our purpose.

To help others in their time of need.

Thank you for allowing us to be your support.

Cedar Tegan
Managing Director



Who we are

Myassista believes in being everyone's family support.

We provide non-medical in home support to those who need help. Not just help. Care and Support from individuals who come from a service background and understand the value of helping and serving others.

Our services are not for one particular type of person. Many people need assistance. Life is busy and complicated. Not everyone has a family member they can call for help when they need it.

That's when you call us.



Why choose us?

Today's family nucleus is smaller and the village mentality has faded.

We firmly believe in the philosophy "it takes a village to raise a child."

Beyond childhood, Myassista exists to service and support you and your wellbeing.

We enjoy the satisfaction of the feel good feeling when we know we have made a difference for you.



What can we help you with?

Our team can help you with a range of tasks to help you stay in your home and live independently.

Whether you need to recuperate after surgery, need help to live a reasonable and normal life, or care for a member of your family while you take a break.

We can help you.



What is in home care?

In home care is a broad term used to describe any level of care provided to individuals to enable them to live safely and independently in their own home.

Care which allows an individual to achieve their goals and foster greater independence, and social and economic participation.

Specifically, this can be divided into the following services.
Daily Personal Activities,
Assistance with Travel and Transport,
Household Tasks
and Personal Training.



Daily Personal Activities

This will vary depending on your needs.

It includes a range of activities such as showering, dressing, toileting, change of dressings, mobility and communication.

These are basic needs which you may need help with to live a normal life.



Assistance with Travel and Transport

We will transport you from your home to your destination, and back if required.

We will work with you to understand your particular needs and develop a plan that suits you.



Household Tasks

This may range from cleaning, laundry tasks, meal preparation, decluttering, shopping and any other task which is required to assist you with managing your everyday life.

Talk to us and explain what your goal is.



Personal Training

Work with a qualified Personal Trainer to achieve and improve your mobility, health, flexibility and wellbeing.

An individual plan will be made to help you achieve your unique goal.

We will work with your Allied Health Professional to assist you to meet your health goal.



Assist you with the NDIS application process.

Applying to become a NDIS participant can seem daunting.

We will assist you on your journey by helping you with the application process.

We will contact the NDIS with you and support you to complete the steps required to apply for an approved plan.



Contact us

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Testimonials

"Thankyou very much for your support during out Queensland stay and yes we will be back next year and will definitely be giving you a call.

....I really can't fault anything and highly recommend ur support services. As I said to Scott, if you have any family or support workers over this way with the excellent support care....Please email me!!!"

From Amanda in Victoria, October 2019

"Highly recommended. Had cleaning done today and was very impressed. Plus my house had a lovely smell when we got home. Glad we found you"

From Janet in Nerang QLD, February 2019

"Anna had a great time at Ian Moss and really enjoyed her time with Candi. Anna would be happy to spend time with Candi again for other activities."

From Sarah in Brisbane QLD, December 2019