

PolkadOT Occupational Therapy offer individualised quality paediatric Occupational Therapy directed to enhance the lives of children and their families. We offer therapy that is effective, caring, consistent and convenient. Each child's uniqueness and strengths are celebrated, and we work with families to further understand how the child experiences and can best function and flourish in their world. Assistance with parenting is provided in order to help the child focus, learn, develop and thrive. This is achieved through building trusting relationships, education and engaging in play.

PolkadOT Occupational Therapy provide assessment, education and therapy for:

- Daily Living skills (sleeping, toileting, eating, dressing)
- School Readiness
- Fine and gross motor skills
- Handwriting
- Sensory Processing
- Self Regulation
- Play Skills

PolkadOT Occupational Therapy work with children with a variety of needs including: ASD, ADHD, Global Developmental Delay, Sensory Processing problems and Anxiety.

PolkadOT Occupational Therapy provide clear communication with parents and other health professionals involved with the child. We are family centred, evidence based, fun and creative and have flexibility with the location of the service. Therapy is conducted in the clinic at Urrbrae, or home visits, school, kindy and child care visits. Telehealth services can also be provided.

Payment can be made through NDIS, (plan and self managed,) Private Health Insurance and Medicare through MHCP and EPC. Payments can be made through HiCaps or online.

Enquiries to admin@polkadotot.com.au

The clinic is located at 83 Cross Road, URRBRAE 5064



Jacqui Langley
T: 0447 667 114
E: jacqui@polkadotot.com.au



Hélène van Ruth
T: 0402334331
E: helene@polkadotot.com.au

Further information available at www.polkadotot.com.au or Facebook and Instagram.