



- **Australian Music Therapy Association registered music therapist**
- **Participant & carer focus, person-centred & family-centred programs**
- **Planned, ethical, creative evidence-based musical interventions & opportunities for development and rehearsal of skills, strengths and strategies to build capacity & improve daily living**
- **NDIS-related, personal and Allied Health goals**

**Music therapy** is a research-based practice and allied health profession in which music is used to actively support people as they strive to improve their health, functioning and wellbeing. Music therapists are musicians who have trained at university to understand how music can have an effect on behaviours, on how people feel and how people think.

In a music therapy session people might sing, play instruments, dance, write their own songs and record them, perform, listen and talk about music. Some of the places music therapists work include schools, day services, community centres, hospitals and in people's homes. Music therapy sessions might be individual or in a group. Informed by research but uniquely tailored, creative and motivational in approach, music therapy works in parallel with other allied health professions in areas such as language and communication, motivation, empowerment and esteem, self-concept and personal care, mobility and movement, social behaviours and interpersonal interactions, each assisting participants to apply functional skills and build capacity to improve participation and independence in daily, practical activities, positively impacting community living.

Music therapy has been recognised by the NDIA for inclusion in funded support plans under the support cluster of Therapeutic Supports - provided to assist the participant to apply their functional skills to improve participation and independence in daily, practical activities in areas such as language and communication, personal care, mobility and movement, interpersonal interactions and community living. In addition, where music therapy is not specifically identified as a support under capacity building, the NDIA has confirmed that participants are able to work with their budget to source the best therapy related supports to achieve their capacity building goals. Participants are then encouraged to argue for inclusion of music therapy and related supports in their NDIS Plans.

Registered music therapist Rob McGrigor is registered by the Australian Music Therapy Association and has an extensive background in health and education spanning over 30 years including ambulance paramedicine, general and psychiatric nursing, early childhood & special education and developmental children's music. Maintaining music therapy, nursing and teaching registrations, Rob currently specialises in music therapy in the areas of early intervention, emotional regulation, special needs across the lifespan, adolescent mental health and community music for wellness.

## Toowoomba Music Therapy Services – Fee Schedule

N.B. No GST applies to clinical programs under NDIS funding & service agreement

Support / Service Item	NDIS Code	Group Size & Individual Cost			
		1	2	3	4
<b>Individual Therapy - All Ages</b>	<b>15_056_0128_1_3</b>	<b>\$160</b>	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>
<b>Group Therapy - All Ages (group size up to 3)</b>	<b>15_056_0128_1_3</b>		<i>\$80</i>	<b>\$60</b>	<i>n/a</i>
<b>Individual Specialised Early Childhood - 0-7yrs</b>	<b>15_005_0118_1_3</b>	<b>\$160</b>	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>
<b>Specialised Early Childhood 0-7yrs (group of 3-4)</b>	<b>15_005_0118_1_3</b>		<i>\$80</i>	<b>\$55</b>	<b>\$40</b>
<b>Intake (assessment, care plan &amp; service agreement)</b>	<b>a/a per group type</b>	<b>\$160</b>	<b>\$160</b>	<b>\$160</b>	<b>\$160</b>
<b>Report (on each occasion as requested)</b>	<b>a/a per group type</b>	<b>\$320</b>	<b>\$320</b>	<b>\$320</b>	<b>\$320</b>
<b>Non-clinical programs – flat hourly rate, no size limit</b>	<i>non-NDIS</i>	<b>\$160</b>	<b>Plus GST</b>		
<b>Clinical reporting – onsite notes – flat hourly rate</b>	<i>non-NDIS</i>	<b>\$160</b>	<b>Plus GST</b>		
<b>Travel in excess of 100km round trip from Toowoomba CBD charged @ \$0.75c/km</b>	<b>a/a per group type</b>	<b>100%</b>	<b>50%</b>	<b>33%</b>	<b>25%</b>

*N.B. Group sizes are listed according to NDIS guidelines.*

*NDIS participants sharing goals may alternate as program peer may extend program duration & share costs equally  
Grey italics show alternate group sizes and prices for self-managed groups*

**Availability:** Flexible hours on weekdays during school term and last 4 weeks of end of year school holidays. Please note that music therapy bookings are currently in high demand and afternoon session times fill quickly.

**Participants need to consider all regular business hours in order to access programs**

**Contact:** Rob McGrigor RMT A.Dip.App.Sc.,B.Nurs.,G.Dip.Ed(EC),MMusThy.,MMHN.

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more info for you  
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