



**Select Physio Pty Ltd.**  
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Dear whom it may concern,

I would like to introduce myself. My name is Jörgen Forsberg, I am the Director of Select Physio. I have more than 25 years' experience in rehabilitation and pain management. I have also taught 4500 physiotherapists in Advanced Dry Needling.

**I am now offering my skills & services to adult NDIS clients on the Mornington Peninsula with self-managed or plan managed funding.**

I can provide the following services:

- Transfers and Mobility Assessments
- Balance Training and Falls Prevention
- Strength, co-ordination, posture, and tailored exercise programs.
- Gait Training and gait aid prescriptions.
- Hands on treatment: including Massage, Mobilisation, Stretching and Strapping
- Pain management: Advanced Dry Needling (Pain Free Techniques), Self-Management.
- Treatment and management musculoskeletal issues.
- Training programs for parent/guardian and carer/support workers.
- Improve confidence, and morale and wellbeing of clients.
- Assessments and comprehensive reports with recommendations provided.

To refer a client, please email me at: [select.physio@bigpond.com](mailto:select.physio@bigpond.com)

Kind Regards,

Jörgen Forsberg

Jörgen Forsberg BSc (HONS)  
MSc In Pain Management  
Director Select Physio  
Australia Wide Dry Needling Courses



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