

How We Work Together

Relationship is the key to all that we experience, all that we are, & all that we can be.

It is our relationship to life events & the meaning that we make of them that contributes to our quality of life.

During our time together, it is the compassionate & respectful relationship that we develop together that will help to bring about the outcomes that you desire in your life.

Whether you are seeking to improve your relationships, increase skills to help you overcome your unique challenges & achieve your goals, or improving your overall wellbeing & quality of life, relationship will be the key to our success together.

We are all unique; we have unique experiences, qualities & skills. For this reason, I believe that it is essential that our work together be unique. In a respectful, genuine partnership, we will decide together how best to work with each other to bring about the changes that you desire.

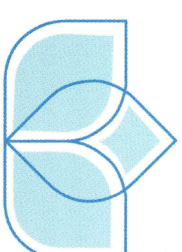
I will not impose on you, nor expect you to fit into any specific therapeutic practice. This is your journey & you deserve what fits best for you. This is my promise, Counselling & Psychotherapy for the Unique you.

HOURS OF OPERATION

| Day | Hours |
|-----------|------------------|
| Monday | 9:00am - 5:00pm |
| Tuesday | 9:00am - 7:00pm |
| Wednesday | 9:00am - 5:00pm |
| Thursday | 9:00am - 7:00pm |
| Friday | 9:00am - 7:00pm |
| Saturday | 10:00am - 4:00pm |
| Sunday | Closed |

Relationship Works

Office 6, Suite 411 (Mariners Centre of Excellence)
1 Bryant Drive, Tuggerah, NSW 2259



Relationship Works

www.relationshipworks.com.au

NDIS

Registered & Psychotherapy

- Develop New Skills To Achieve Your Goals
- Improve Relationships With Friends, Partners, Family, & Others
- Improve Your Overall Wellbeing & Quality Of Life
- Discover New Ways To Relax, Explore & Enjoy Your Life

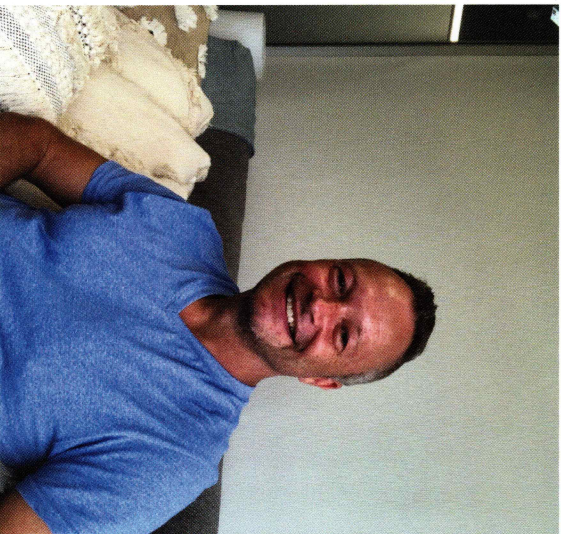


CALL US TODAY TO DISCUSS YOUR UNIQUE GOALS.

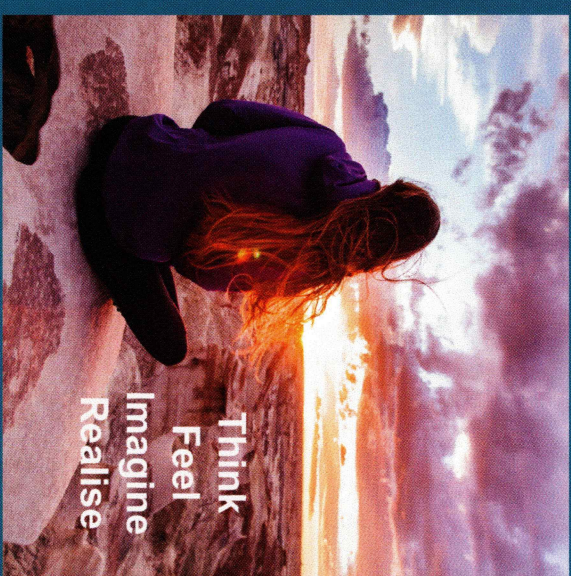
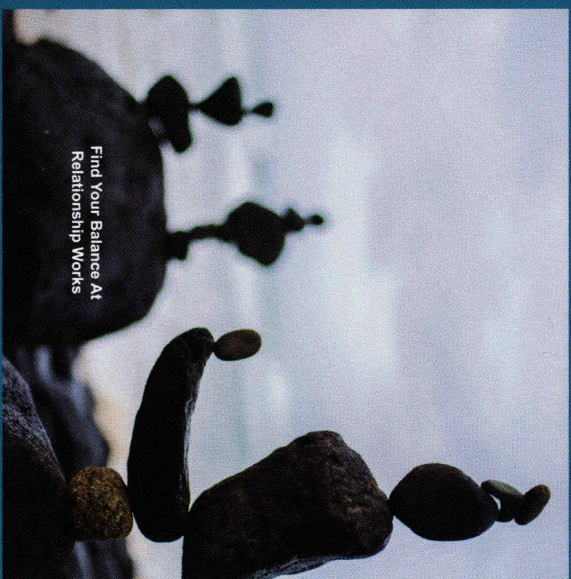
simon@relationshipworks.com.au
www.relationshipworks.com.au

0411 218 425

Relationship Works is a local Counselling & Therapeutic practice owned & operated by myself. Born & raised on the Central Coast, I care deeply for the people of the Coast & understand their unique needs. As an independent local provider of services to people utilising the NDIS, you can be assured of my personal commitment to providing you with the very best in personal, compassionate, respectful & non-judgemental services. I possess over 8 years experience in providing therapeutic supports to individuals, couples and families of all ages and needs. I am a Clinically Registered Counsellor & Psychotherapist, Accredited Social Worker & University educator in Counselling & Psychotherapy. Personally I have a wide variety of interests including health & fitness, yoga, our local environment, gaming, reading, and delighting in observing my children develop into wonderful human beings. I love to explore new interests & am a constant learner, sharing my passion for growth & development with others. Please feel free to call or email with any questions you might have. Kindest Regards Simon



Simon Couits-Bain, BChC, MSWPA, DIPFCT



You deserve to live an amazing life, in a way that is as unique as you.
Counselling can help you to open up new possibilities & assist you
to live your life more fully, in the way that you choose.

You Are Unique, & I Encourage You To Embrace & Love This Part Of Yourself

● 0411 218 425