

SERVICES INCLUDE

Physiotherapy

Podiatry

Exercise Physiology

Dietetics

Massage Therapy & Reflexology

Reformer Pilates

Hydrotherapy

Rehab/Strength Training

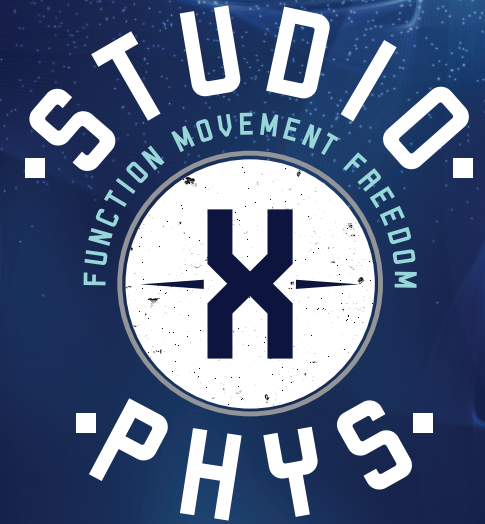
Shockwave Therapy

Dry Needling

InBody Body Composition Analysis

Individualised Rehab Program on App

(A Physio in your pocket to log pain and accountability)



WHERE RESTORATION BEGINS

Simply call us on 07 5522 9577
or book online at www.studioxphys.com.au
to book in for your initial consultation

Opening Hours

MONDAY - THURSDAY

7AM - 7PM

FRIDAY

7AM - 5PM

SATURDAY

8AM - 1PM



*Restoring your quality of life
& unlocking your inner athlete*

BE STRONG • BE HEALTHY • LIVE LONGER

Shop B2, 50 Railway Street, Mudgeeraba
(07) 5522 9577

It's now your time!
*Time to regain control,
move well and feel great.*



TIME FOR YOU!

OUR STORY

At StudioXphys, we help people everyday who have spent years trying to find the solution to their specific condition. This includes affordable strength training to address any existing pain or problem and prevent any further injury.

We provide Physiotherapy, Podiatry, Exercise Physiology, Dietetics, all of these have private health and Medicare rebates available and Massage therapy which has private health rebates available.

We also have individualised and group hydrotherapy, reformer pilates, and strength training.

WE OFFER

TAILORED SOLUTIONS

- *Rebates available from Private health funds and Medicare and we see fully covered WorkCover, NDIS, and Private Insurer Claims*
- *Extremely popular long term investment options and packs are available for our group sessions*

WE CAN HELP YOU BY ADDRESSING YOUR...

- Lower Back Pain*
- Spinal Rehab*
- Core Strengthening*
- Pain and Bursitis*
- Shoulder Problems*
- Rotator Cuff Tears*
- Knee Issues*
- Hip Issues*
- Stroke, MS & Falls Prevention*
- Sciatica*
- Torn Ligaments & Meniscus*
- Weight Loss and & Improved Fitness*
- Osteoarthritis*
- Pelvic Floor Strengthening*
- Diabetes - Individual & Group Sessions*
(Can Claim T2DM Medicare Group referral)

AND MUCH MORE



WE UNDERSTAND

We take the time to assess your current condition and tailor a specific treatment plan specific to you for maximum results.

Our best recommendations will be suggested and options presented to help you achieve your desired results.

