

HAND IN HAND WITH YOU **ON YOUR NDIS JOURNEY**



- 01 Highlights of the Month
- 02 TLC Melbourne
- 03 Local Author Spreading Joy to Young Participants
- 04 Participant Interview
- 05 Staff Interview
- 06 Coronavirus Survival Guide
- 07 UTS Partnership
- 08 Accommodation

HIGHLIGHTS

FROM WEEKLY AND MONTHLY ACTIVITIES

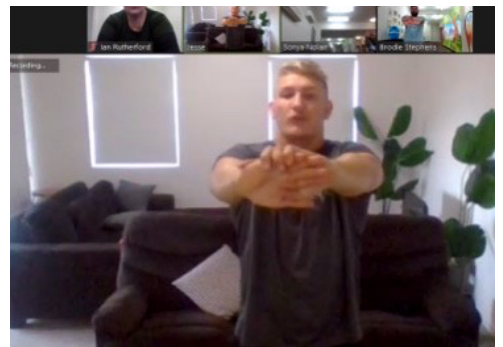
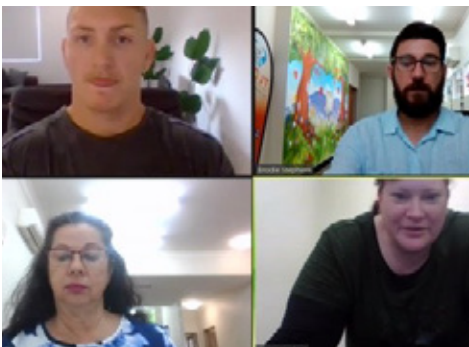
NEW SOUTH WALES



VICTORIA



QUEENSLAND





I ♥
ndis

REGISTERED
NDIS
PROVIDER

- To ensure continuity in NDIS funded supports and services during the coronavirus (COVID-19) pandemic, the NDIS have temporarily broadened the flexible approach for low cost AT items.
- To support participants living in Supported Independent Living arrangements during the coronavirus (COVID-19) pandemic, the NDIS have introduced two new support items for cleaning services and higher intensity support.
- To better support people with disabilities to apply to the NDIS while maintaining physical distancing during the coronavirus (COVID-19) pandemic, the NDIS have made their ARF and Supporting Evidence Form available for download on their website.



TLC MELBOURNE

Despite the challenges of COVID-19, the last month at TLC Melbourne has been busy and productive. Our team has had to adapt and grow in the face of these challenging times.

We have been onboarding both new staff and clients, running day programs and other services (albeit in altered circumstances due to COVID-19), and working hard to get our facilities up and running!

Our month began with the arrival of a large shipment of goods destined for Expos nationwide. Our warehouse was full to the brim with goodies to be given as gifts to clients and people at expos. We split this stock 3-ways to send to Brisbane and Sydney and began assembling the gift bags, completing all those destined for our clients around the country.

This shipment also included our new gym equipment, which we put together piece by piece to create our brand-new gym! We have also been acquiring various bits of musical equipment to start our music program.

Last week we installed our brand-new signage to the façade of our offices, and we are working hard on the next phase of our marketing. We can't wait to start building our brand-new Sensory room next week also!



Signage on the front of our building



Participant Matthew making Burrito's in his home



Our gym (work in progress)

LOCAL AUTHOR SPREADING JOY TO YOUNG PARTICIPANTS



Local Queensland Author, Michelle Worthington has very kindly donated copies of her anthology Spooktacular Stories, Thrilling Tales for Brave Kids to our younger Queensland participants in isolation.

Last year, her Award Winning Share Your Story Anthology was donated to children in hospital all over Australia. With the worldwide pandemic forcing at risk families to isolate at home, she has now extended the donation of a copy, to any child in isolation who might need a smile right now.

Thank you Michelle for reminding our vulnerable kids that we are all so proud of how brave they are, and we care about their wellbeing. TLC is a proud sponsor of Michelle on the upcoming charity TV series: Adventure All stars as she raises support for the RFS.

If you have a young person who needs cheering up in isolation please let us know and we can organise a copy to brighten their day.



Michelle's many wonderful stories can be found at
www.michelleworthington.com

PARTICIPANT INTERVIEW

NATHAN DORE

What are your hobbies?

Listening to music, painting, getting creative

Favourite movie:

Dr Doolittle

Favourite Book:

Matthew Mitchum

Something we don't know about you?

I like to dance and spin around my house to feel good music.

What kind of positive habits have you introduced to help you through quarantine?

Just remembering that it won't last forever, watching movies that make me feel good for now and remembering that I'm lucky to be able to work from home.

About my work:

I'm an admin officer at TLC, I help out with any issues that TLC might need support with.

Tell us what you like about TLC?

I like the team at the office, I always feel happy and supported. I like the team that supports me, they always try to stay positive and upbeat which I appreciate.



STAFF INTERVIEW



BRODIE STEPHENS

What do you like about your role?

I love having a varied role. I thoroughly enjoy meeting people, and especially hearing about their hopes and dreams for the future. I love that I can play a small part in helping people live the life they choose.

What brought you into this industry?

I've always liked helping others, and while recovering from spinal surgery as a teenager, I was amazed at how many people helped me while learning to walk again and (literally and figuratively) getting back on my feet! I decided I'd like to do something similar for other people, and I started working as a Support Worker while studying Social Work at University. With that, I found my passion... and I never looked back.

What are your hobbies outside of work?

I have lots of hobbies outside of work! I love making music - whether it's playing guitar and singing to help my baby daughter fall asleep, or the producing side of music creating Hip-Hop beats. I love all sports, but particularly Basketball, AFL, Rugby League, MMA, and Surfing. I love cooking, but mostly because I'm a piggy and I love eating!

Favourite movie

That's a hard question for a film-nerd, so I'll have to give you a list. Thought-provoking favourites: The Machinist, Memento, Grizzly Man, Pan's Labyrinth, Fight Club, Secretary, Primal Fear, Donnie Darko, Usual Suspects.

More light-hearted: Office Space, Idiocracy, Anchorman, Up, The Big Lebowski, Coco, Shaun of the Dead, Little Miss Sunshine.

Favourite Book

Anything by Chuck Palahniuk, Bret Easton-Ellis, or Hunter S Thompson.

Something we don't know about you?

I was ready for the Covid-19 restrictions in one way, because I always cut my own hair. Please don't judge me, but I haven't been to a barber for nine years.

Why do you like working at TLC?

I love that TLC has such a family feel to it. I can bounce ideas off my workmates, as we work well together and complement each other's strengths. I also love that TLC shares my passion for bespoke individualised support, as opposed to group programs. I'm very lucky to have a job that is more than just work, but rather a genuine passion of mine.



Australian
Over 50s *Guide*
Book

For Active Retirees & Seniors



TLC

TENDER LOVING CARE

CORONAVIRUS SURVIVAL GUIDE

For Over 50s, Retirees
& Seniors

[VIEW OUR SURVIVAL GUIDE](#)

COVID SAFE

LET'S **STOP** THE **SPREAD**.
STAY **HOME**, SAVE **LIVES**.

To help the government with stopping the spread of the coronavirus within our community, TLC encourages all readers to install the COVIDsafe app.

To access the app, please search COVIDsafe on your app store. If you would like more information on this app, please visit <https://www.covidsafe.gov.au/>

Please see message RE covid 19 – to be on the same page as requesting people to download the COVID19 app

Australia is receiving generally positive news from the Federal, State and Local authorities regarding flattening of the curve of COVID19 and the commencement of relaxing some of the strict practices enforced. At TLC this does not mean relaxing our COVID-19 response; we will continue our strong hygiene practices to reduce the risk of transmission.



TLC endeavours to continuously use Personal Protective Equipment (PPE) and hand sanitisers and to remind all staff and participants to wash their hands and social distance.

Each time a support worker, a participant or guest enters a TLC group home or any of TLC buildings, they are required to use hand sanitiser as their first activity and then use gloves for any specific activity.

TLC as an organisation and all of us look forward to the ultimate eradication of COVID19.

TLC's good practices to date have been effective and we look forward to everyone continuing our diligent practices during these times.

TLC wishes that all readers stay safe both at work and at home.

[DOWNLOAD NOW](#)

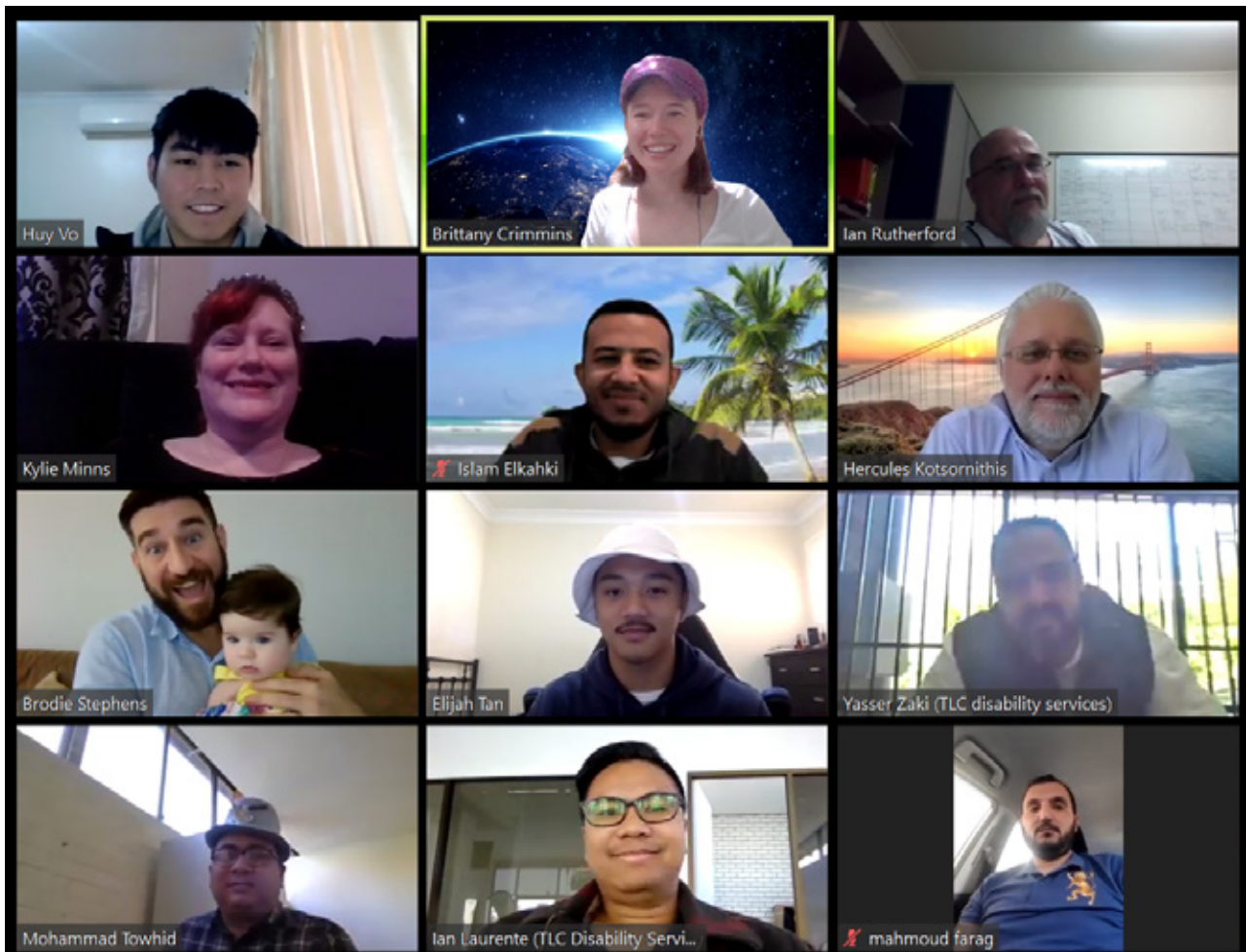


TLC STUDENT PLACEMENT SUCCESS FOR UTS BACHELOR OF HEALTH SCIENCE STUDENTS

TLC Disability Services is proud to have the UTS School of Public Health as a close industry partner.

The School of Public Health is proud to have TLC Disability Services as a close industry partner. The first collaboration came through Scholarly Teaching Fellow Bernard Saliba, who in 2018 invited guest lecturer Brittany Crimmins to speak to the first year students about the National Disability Insurance Scheme (NDIS). Since then, the relationship between Health and Ms Crimmins has grown and expanded through the Bachelor's Professional Placement program. Thanks to the efforts of Andrea Delgado Achicanoy and Lisa Raad, TLC now proudly facilitates two of these placement experiences to Bachelor of Health Science students, Huy Vo and Elijah Tan.

Having started in April 2020, Huy and Tan have both adapted well to online placements, working with TLC to bridge the gap of social isolation for people with disabilities during this challenging time. The projects that the students are involved in include designing and delivering an online health and wellbeing class, and providing much needed remote social support to people with disability and to TLC's frontline staff. TLC commends the efforts of Huy and Elijah for their hard work during the placement, it has been a wonderful experience. TLC thanks UTS for their continued friendship and we look forward to more future collaborations with UTS Health.



ACCOMMODATION



3 Vacancies

BANGOR

We currently have 3 vacancies within our Bangor group home.

The property has a spa, pool, and separate living and entertainment quarters to cater for differing needs of participants. The spacious three story home is well located next to the national park, close to the shops and public transport. The property has WIFI and is furnished.

We are currently accepting applications for male and female participants who are able to live in a shared home and looking to match our residents appropriately to ensure there is a harmonious living environment for all.



PRESTONS

5 Vacancies



We currently have 5 vacancies within our Prestons group home and one vacancy in the granny flat.

The property has WIFI and is furnished with separate living and entertainment areas. The property is close to the shops and public transport.

KELLYVILLE

3 Vacancies



We currently have 3 vacancies in our Kellyville group home.

The property is spacious with a pool, and two separate entertainment areas. The home comes with WIFI and is fully furnished.



TLC WISHES YOU ALL

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MUBARAK



LIMITED TIME OFFER

IN RESPONSE TO COVID-19

We are providing a free disinfectant clean to new and existing participants.

CLAIM YOUR FREE PANDEMIC CLEAN

CALL TODAY TO KNOW MORE

0423 273 601

OUR SERVICES



SPRING/DEEP CLEANING



AFTER RENT RENOVATION



CARPET CLEANING



LAWNMOWING & PEST CONTROL



WINDOW CLEANING

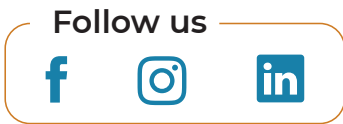


COMMERCIAL CLEANING

New South Wales
1 West Terrace,
Bankstown, NSW 2200

Queensland
69 Old Cleveland Road,
Stones Corner, QLD 4120

Melbourne
608 HighStreet
Preston VIC 3072





WHAT'S COMING IN THE **MONTH OF JUNE**

Recipes for
Ramadan

The Culinary
School Cooking
program

Recovery Based
Wellness Program

Stay Tuned

