

Community Nursing Care

WDSS have experience nurses to provide individualised support for people with disability, their family, and carers. We can also provide training to carers and families in how to care for a participant with complex needs by offering the following services:

- Managing ongoing illness, medications, pain and continence
- Post-operative care
- Wound care
- Catherisation
- Removal of sutures and staples
- Injections
- Mental health
- Stoma care
- Internal feeding (nasogastric and gastrostomy feeding)
- Oxygen and respiratory aids including tracheotomies
- Palliative care

Accommodation and Tenancy

WDSS provide accommodation support services to our participants and maintain the tenancy agreements and ongoing rental payments on your behalf. Our accommodation supports include,

- Support to live in your own/family home
- Support to assist to live more independent life
- Support to live in group/shared accommodation
- Assisting to lodge applications for DHHS rentals
- Supporting participants to obtain DHHS Bond Loan and essential household items

Active Nights and Sleep Overs

WDSS provide active night support that involves continuous active support throughout the night. The carer will not have a designated sleep time and provides assistance when required.

We can also provide sleep over services where the carer assists the participant for a few hours before bed and the next morning. Over a 12-hour period, the support worker sleeps in your home and will be available to support you when and if required before, during and after the sleep over period. By having a support worker stay overnight provides peace of mind and security so that the participant can wake up fresh, well rested and with good company to start the new day.



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Disability Support Services Guide

WeKare Disability Support Services (WDSS) use a person-centred approach, with a focus on delivering care to participants through a range of activities. These include working with the participants' beliefs and values, engagement, maintaining a sympathetic presence, sharing decision-making and providing for physical needs. We aim to create a better everyday life for people with a disability by providing the best choice and care.

Our objective is to improve the participants' daily living and quality of life across all life stages by providing the following support services:

Support Coordination

Our professional coordinators assist you to link with the right service providers for your needs and assist you to coordinate with a range of funded, mainstream and informal supports. Our co-ordination supports include,

- Assisting you to get the supports in your plan started
- Working closely with your network to ensure that you are effectively linked to funded services
- Helping you to monitor your supports and ensure that you are getting the most out of your plan
- Work with you to achieve the outcomes you have identified in your plan.

In-Home Support

We offer individualised services to children and adults which are specifically tailored to support your needs in your home or other living situation. These services reinforce personal responsibility and include life skills such as respite, chores, personal care, meal preparation, accompaniment to medical appointments, shopping and so on. We can provide a wide variety of opportunities to build independence and help in decision-making.

Our goal for providing in-home support is to:

- Give families or carers time away from caregiving demands so that they can refresh and renew
- Help you in maintaining or improving your health status and quality of life
- Assist you in remaining as independent as possible
- Support your family in coping with your care needs
- Help you to stay at or return to your home and receive the required treatment, rehabilitation or palliative care
- Provide caregivers with the support they need.

Community participation

All people, regardless of abilities, should have the opportunity to participate in a full range of community activities. WDSS can assist you with recreational activities of interest such as going to the movies, bowling, attending AFL games, shopping, holiday activities, going out for meals, swimming, going to the gym, attending medical appointments and more. We can also assist you in attending family functions such as weddings, birthday parties, graduations, and anniversaries.

Assisted Holidays

WDSS provide 1-to-1 support with assisted holidays, from local trips to interstate travel, and we ensure that every holiday is truly meaningful and memorable.

We tailor our holiday options towards people with a disability who require minimal personal care and have minimal mobility challenges. We can also customise your holiday to suit your requirements, interests and budget. We are able to provide support to a small group with either minimum 1-to-3 support and 1-to-1 support depending upon each individual's needs. Our staff have all relevant police clearances and working with children checks and hold current first aid certificates.

Individual Skills Development

We provide support with individual life skills development and training such as:

- Travel training, cooking, managing money, and computer-literacy skills
- Provide choices and access to a wide range of activities and life experiences
- Build on current skills and assist in learning new skills
- Personal safety.

School Holiday Activities

WDSS offers a range of fun activities during the school holidays. Our programs cater for a range of different age groups and are specifically tailored for small groups of 2-4 people to ensure our professionals can work closely with each participant. Some of our activities include bowling, seeing movies, Science Works, Melbourne Zoo, Werribee Zoo, attending AFL games, Chesterfield Farm, Scoresby, Bundoora Park, Bundoora and more. We can also provide 1-to-1 support during the school holidays to suit your needs, either in the community or at home.

Specialised Home-Based Assistance for a Child

There are unique circumstances associated with raising a child with special needs that families of typically developing children may not experience. WDSS provide support to families so that they can have a break, or respite, from the day-to-day care of their child. We have staff experienced in working with children and with qualifications in childhood education. Our staff will also help the child learn new skills and abilities, such as improving their communication skills and becoming more independent.

Behavioural Support

Our specialist behavioural support provides assistance and training to people with a disability or autism, their families or carers. The focus of behavioural support is a comprehensive assessment of why the behaviour occurs and development of a written support plan that gives those who support the person strategies to follow when the behaviour occurs and in general with the person to reduce them.